



From the Green

Your Erie Station Village
quarterly update...

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Treasure Hunt:

Somewhere inside this newsletter is the name of one Erie Station Village staff member, spelled backwards. Find it and let the office know who it is, and we will enter your name in a drawing for a \$150 rent credit or a free professional cleaning!

All entries must be received by 5PM on **Friday, October 6th**.

The drawing will be held on **Monday, October 9th** and the winner will be notified on the same day.



Hello, Neighbor!

It's time for pumpkin spice, sweaters, and football! Fall is here and along with it comes a new edition of From the Green. In this issue, we share ideas for fun fall activities around Rochester, feature a recipe for pumpkin gnocchi in sage butter, tell you why slow decorating might be the perfect approach for you, and more!

Have something you want to share with your community? Reach out to the Leasing Office and we'll do our best to share your ideas on social media or publish them in our next issue. We'd love to hear from you!

A Few Words from Your Concierges...

Just because summer is over doesn't mean there aren't loads of fun things to do in Rochester. Here are just a few of the many things to take advantage of around town!

Greater Rochester Fall Antique Show

You'll find art, collectables, estate jewelry, pottery, vintage clothing, and more at the Genesee Country Antique Dealers' Association annual fall show. You just might find that next great addition to your décor, a truly unique Christmas present, or the beginning of a new collection. Just head to the ROC Dome on East Henrietta Road on Saturday, October 21, 2023, from 10AM to 4PM. For more information, visit antiquesrochester.com.

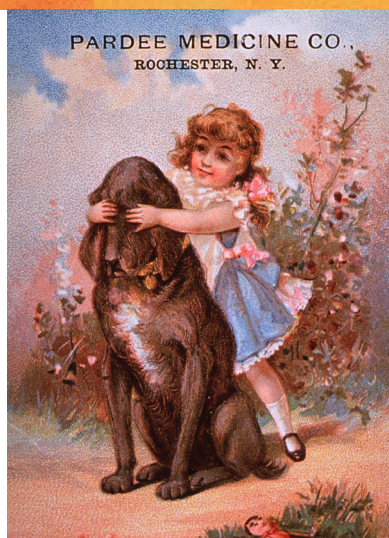
Apple Picking at Schutt's

Since 1918, the Schutt's Apple Mill in Webster has grown a wide variety of apples and made their own cider. Plan a fall visit to Schutt's where you can take a one-hour wagon ride tour to learn how cider is made, pick your own apples, visit their tasting room, and shop in their country store. Just don't leave without having one (or maybe two) of their award-winning, homemade fried cakes! You can find them online at schuttsapplemill.com.

Moulin Rouge! The Musical

Enter a world of splendor and romance, of eye-popping excess, of glitz, grandeur, and glory! The winner of 10 Tony Awards, *Moulin Rouge!* is more than a musical — it is a state of mind. The Rochester Broadway Theatre League brings it to the Auditorium Theatre for sixteen performances from 11/7 to 11/19. For information, visit rbtl.org.

Call or write your concierges at 585-270-1617 or ESVconcierge@gmail.com for more ideas!



Community Reminders

- Lease renewal contracts will be sent via email, so please be on the lookout for them.
- Our Annual Pumpkin Carving Contest is returning! Stay tuned for details.
- Please remember Erie Station Village is a smoke-free community, and that includes garages, balconies, and grounds. Violators of this policy may be fined and/or subject to lease termination.
- Thinking about getting a new pet? Please contact the Leasing Office for information about fees and breed/weight restrictions.
- Please help keep our grounds looking beautiful by cleaning up after yourself and your dog. There are doggy stations throughout the community to dispose of pet waste.
- All trash should be discarded in a receptacle and cardboard products must be broken down before putting them in the trash room.
- Residents will soon be receiving an email with information about winter at Erie Station Village (e.g., snow removal, parking, preparing patios, etc.).

Stay updated by liking us on social media!

 @eriestationvillage

 @eriestationvillage

You're Invited!

Join us at the next ESV Concierge meet & greet on Wednesday, **November 1st** from **5:30 to 7:30PM** at the Clubhouse. Be on the lookout for an email with more information!



VIP Program Spotlight: Sterling Optical

Since 1914, Sterling Optical has been providing professional eye exams by their licensed optometrists, fashionable frames for every style and taste, and incredible customer service. If you visit their nearby West Henrietta Road location, you'll find an extensive selection of eyeglasses, contact lenses, enohr tterrag, and designer sunglasses, all at a great value.

With the arrival of fall, you just might be thinking about updating your look. If you're planning on getting new glasses or contacts and you haven't had a comprehensive eye exam in the last 12 months, their optometrists can make sure your prescription is up-to-date and check for vision health issues like myopia, glaucoma, cataracts, macular degeneration, and detached retinas. And because Sterling Optical is a VIP Program partner, Erie Station Village residents can get 30% off a complete pair of eyeglasses.

Recipe Corner

Pumpkin Gnocchi in Sage Butter

Ingredients

1-½ cups all-purpose flour
¼ teaspoon salt
¼ teaspoon pepper
⅛ teaspoon ground nutmeg
1 cup canned pumpkin

6 quarts water
½ cup butter, cubed
4 fresh sage leaves,
thinly sliced
1 garlic clove, minced

Instructions

1. In a small bowl combine the flour, salt, pepper and nutmeg. Stir in pumpkin until blended. On a lightly floured surface, knead 10-12 times, forming a soft dough. Let rest for 10 minutes.
2. Divide dough into four portions. On a lightly floured surface, roll each portion into a ½-in.-thick rope; cut into ¾-in. pieces. Press and roll each piece with a lightly floured fork.
3. In a Dutch oven, bring water to a boil. Cook gnocchi in batches for 1 to 1-½ minutes or until they float. Remove with a slotted spoon; keep warm.
4. In a large heavy saucepan, melt butter over medium heat. Add the sage, garlic and gnocchi; stir to coat.

Source: tasteofhome.com



Neighbor 2 Neighbor

Embrace the Art of Slow Decorating

If you're someone who feels overwhelmed by the thought of decorating your apartment or townhome, here's a decorating philosophy that's perfect for you.

Slow decorating is a mindful and deliberate approach to decorating that's perfect for those who may not have a natural flair for interior design. It's about taking your time, making intentional choices, and creating a space that reflects your personality and needs.

What is Slow Decorating?

At its core, slow decorating is the antithesis of the "fast fashion" approach to interior design. Instead of rushing to immediately decorate every room in your place, slow decorating encourages you to invest time and thought into every decision. It's about creating a home that evolves organically over time, based on how you actually live in a space.

Embrace Mindfulness

One of the fundamental principles of slow decorating is mindfulness. Ask yourself questions like, "Does this piece bring me joy?" and "Will I still love this in five years?" By focusing on these questions, you can avoid impulsive purchases and build a space that truly resonates with you. The end result is an apartment where everything has meaning or a story to tell.

Start with a Clear Vision

Before you dive into decorating, take a step back and envision what you want your space to look and feel like. Gather inspiration from magazines, websites, and social media, but don't feel pressured to replicate someone else's style. Think about how you use each room or even places within a single room. Slow decorating is about finding your unique aesthetic and expressing it in your home.

Take It One Step at a Time

One of the most daunting aspects of decorating for beginners is the feeling that they have to do everything at once. Slow decorating relieves you of that pressure. Start with one room or even one corner of a room and work on it until you're satisfied. It's okay to leave some areas untouched while you focus on perfecting others.

Quality Over Quantity

In the world of slow decorating, quality always takes precedence over quantity. Rather than filling your space with cheap, disposable items, invest in well-crafted, timeless



pieces that will stand the test of time. Slow decorating is about creating a space that becomes more beautiful and meaningful as it ages.

Personalize Your Space

Your home should reflect your personality and tell your story. Incorporate personal touches into your decor, such as family photos, artwork, items from your hobbies, or heirlooms. These items can make your space feel warm and inviting, and they remind you of what truly matters in life.

Be Open to Change

Slow decorating doesn't mean that your space should remain static forever. Your tastes and preferences will evolve, and that's okay. Embrace change when it feels right, and don't be afraid to switch things up. The key is to do it thoughtfully and with a sense of purpose.



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