



# From the Green

Your Erie Station Village  
quarterly update...

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## Treasure Hunt:

Somewhere inside this newsletter is the name of one Erie Station Village staff member, spelled backwards. Find it and let the office know who it is, and we will enter your name in a drawing for a \$150 rent credit or a free professional cleaning!

All entries must be received by 5:00 p.m. on **Friday, December 31st**.

The drawing will be held on **Monday, January 3rd**, and the winner will be notified on the same day.



## Hello, Neighbor!

The weather outside may be frightful, but that just makes being warm and cozy inside even more delightful! In this issue of *From the Green*, you'll find ideas and tips on how to stay comfortable and enjoy this holiday season. Whether you are traveling out of the area or staying in town throughout the winter, check out these on-the-go tips and local staples while you hide from the snow.

Have something you want to share with your community? Try a new restaurant and want to recommend it? Watch *The Queen's Gambit* and interested in starting a chess club? Reach out to the leasing office and we'll do our best to share your ideas on social media or publish them in our next issue. We'd love to hear from you!

# A Few Words from Your Concierges...

Looking for new or different spots to enjoy the great indoors this winter? Here are some lovely local spots to stay cozy on a blistering winter night or a sunny (but chilly) Saturday morning.

## **Matilda Coffee House & Kitchen**

Located in the Neighborhood of the Arts (NOTA) and formerly home to Starry Nights Café, Matilda is a delightful Australian café that prides itself on its fresh, healthy eats and drinks. Bring a good book or your laptop and get out of the cold. At Matilda's, you'll find food, coffee, beer, wine, and mixed drinks in an inviting and inclusive atmosphere.

## **Happy Gut Sanctuary**

This bright and unique Kombucha bar is a great place to visit, try something new, and stay a while. Located in the historical Hungerford wonrok eiluj Building in Rochester, the Sanctuary offers small batch fermented teas, regular tea, coffee, and occasionally some yummy breakfast treats.

## **Café Sasso**

If you dream of warm and delicious coffee on winter weekends, appreciate artsy décor, and enjoy people-watching, this café on Park Avenue has you covered. Café Sasso features espresso drinks, comfy sofas, hot or cold cocktails, pastries, and local artwork.

## **Henrietta Public Library**

This local hangout is right around the corner from Erie Station Village. With cozy chairs, free internet, and the nostalgic smell of books, the library is the perfect place to spend a Saturday morning alone, with a friend, or some stir-crazy kids.

## **The Little Theatre**

More than just a spot for indie films, The Little Theatre is also home to a café that's open in the evenings. Live music, tasty eats, and art all make the Little Café a great spot to hang out before or after seeing a movie, or just on its own!

If these ideas aren't enough, call or write your concierges at **244-2040** or **ESVconciierge@gmail.com**.

Stay Updated by Liking Us on Social Media!

 @eriestationvillage

 @eriestationvillage

## Reminders

- The leasing office is closed on December 24th, 25th, 26th, 31st, and January 1st and 2nd.
- Please keep your thermostat set at 55° F if going away during the wintertime.
- All cars should be registered with the office and have a parking pass on their side window.
- When getting rid of a real tree, please pile in the corner of the trash room and maintenance will take care of it.
- Please remember to pick up after your dogs.
- Change parking spots during snowstorms so maintenance can properly remove snow from all areas. Do not park in the spots where maintenance plows snow.
- The maintenance staff works hard all winter to keep our walkways and parking areas plowed, shoveled, and salted. Make sure to thank them when you see them out!
- Please make sure the front end of your parked vehicle is not hanging over the curb; snow removal personnel need to get by.
- Please keep cars locked at all times and never leave valuables in vehicles.





## Neighbor 2 Neighbor

# Traveling? Pack the Right Way

With the holidays approaching, you may be planning some travel. If you're flying, learning to travel light can save you countless airport hassles, as well as money on baggage fees. While packing may seem simple, it's actually a science. Just follow a few time-tested rules and you'll learn to travel with less and pack more efficiently.

- **Suitcase Size Matters**

The bigger the suitcase, the more stuff you'll likely bring with you. The simplest way to avoid bringing more than you need is to go small. Use a hard-sided suitcase that's no more than 22 inches tall so it can work as a carry-on.

- **Lay Out, Then Edit**

Organize everything you think you'll need on a large surface, like a bed or dining table. Then reconsider each item and avoid the "just in case I need it" approach. After all, if it turns out you do need it, you can always buy it there.

- **Avoid Unused Space**

As you pack your suitcase, look for unfilled spaces and fill them. Shoes should be stuffed with socks or underwear. Roll your clothes. For clothes, you can also use airtight plastic storage bags, push out the air, and seal them.

- **Invest in Travel Sizes**

Don't bring a full-size bottle of shampoo – or any toiletry – for a short trip. Invest in travel-size products or fill small storage bottles with just what you'll need. This will also eliminate the need to check your bag, since you'll be under the maximum size for carry-ons. If you really want to pack light, don't bring any toiletries. Instead, purchase small sizes of what you'll need at your destination.

- **Plan on Doing Laundry**

Whether you stop at a laundromat, send your clothes out for laundering, or wash them in a sink, being willing to do a little laundry on your trip can have a big impact on your luggage needs.

# Veggie Red Lentil Soup

**Nothing like warming up with a hot bowl of soup!**

The season of hard cheeses, twice the daily recommended serving of carbohydrates (okay, three times), sugar cookies, and tighter waistbands is upon us. When you are ready for some much-needed vegetables this winter, try this recipe! High in fiber and nutrients, this soup will get you up, moving, and ready for the cold days ahead.

## Ingredients

- 3 tablespoons olive oil
- 1 large onion
- 3 carrots, peeled
- 2 celery stalks
- 1 potato, peeled
- 2 garlic cloves, minced
- 2 tablespoons tomato paste
- 1 teaspoon ground cumin or curry powder
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- **Optional: pinch of cayenne, chili powder, and/or coriander seed**
- 4 cups vegetable stock, or chicken broth (1 box)
- 1 cup water
- 1 cup red lentils
- 1/2 large lemon, zest, and juice
- 1/4 cup chopped fresh parsley or cilantro

## Directions

1. Prepare the vegetables: Dice carrots, onion, celery, and potato.
2. Sauté vegetables: In a medium-large or large pot, heat oil to medium high. Add vegetables and sauté until softened, about five minutes, stirring occasionally. Add garlic and sauté another minute or two.
3. Add seasonings and other ingredients: Add tomato paste, cumin or curry powder, salt, and pepper (and optional seasonings if using). Stir and cook for two minutes. Stir in broth, water, and lentils.
4. Cook: Bring the soup to a boil. Lower to medium heat or medium-low heat to simmer. Cover partially and cook for 30 minutes or until lentils and vegetables are tender.
5. Finish the soup and serve: Add lemon juice, zest, and parsley or cilantro. Taste and adjust seasonings. Serve with a drizzle of olive oil on top and additional lemon wedges if desired.

[twokooksinthekitchen.com/red-lentil-vegetable-soup/](http://twokooksinthekitchen.com/red-lentil-vegetable-soup/)



## Happy Holidays...

We hope you have a joyful holiday  
and a happy New Year!

-The Team at Erie Station Village

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VILLAGE

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