



From the Green

Your Erie Station Village quarterly update...

Table of Contents:

Welcome • Page 1

From Your Concierges • Page 2

Spring Reminders • Page 2

N2N • Page 3

FAQs • Page 4

Warm Welcome • Page 4

Recipe • Page 4

Maintenance Info • Page 4

Treasure Hunt:

Somewhere inside this newsletter is the name of an Erie Station Village staff member spelled backwards. Find it and let the office know who it is, and we will enter your name in a drawing for a \$150 rent credit or a free professional cleaning!

All entries must be received by 5:00 PM on **Friday, March 26th**.

The drawing will be held on **Monday, March 29th** and the winner will be notified on the same day.



Hello, Neighbor!

Believe it or not, spring is right around the corner! After a long winter indoors, a green and lilac-filled Rochester spring will make for a welcome change. Crack open a window on a sunny day, let the fresh air and natural light fill your apartment, and enjoy the latest edition of "From the Green."

Over this past year, you may have rediscovered hobbies and activities that you once loved, but fell by the wayside with the hustle and bustle of life. Find yourself

getting creative again and want to share? Send us your photos, poems, sketches, and other works. Want to start a virtual book club? Let us know, we can help! In a time like this, it's more important than ever to come together as a community. Email or call with your content ideas and we will do our best to share them on our social media feeds or publish them in our next issue!

A Few Words from Your Concierges...

Looking for new or different spots to enjoy the great outdoors this spring? Here are some great hiking trails that are all close by, beautiful, and easy or moderate in difficulty. Chances are, there are at least a couple you've never heard of, so be sure to check them out.

Old Rifle Range Trail

Located in Lucien Morin Park at the southernmost point of Irondequoit Bay, this 3.1-mile loop trail features a variety of environments (e.g. lake, creek, wetlands) with abundant wildlife. If you're a birdwatcher, it will become one of your local favorites. You can find more information here:
<https://www.monroecounty.gov/parks-wetlands>

Zoo Cascade Trail

This 2.4-mile out-and-back trail is located in Seneca Park, home of the Seneca Park Zoo. Rated as moderate in difficulty, the trail offers some beautiful views of the Genesee River. At the end, there's a set of stairs that leads to the base of a cascading waterfall. Be careful – there are some steep sections that can be muddy and slippery if it's recently rained. You can find more information here:
<https://www.monroecounty.gov/parks-seneca>

Eastman Lake Loop

You've likely visited Durand-Eastman park and you may know it has two beautiful lakes, but if you've never hiked the loop trail around Eastman Lake, you've missed one of the most picturesque places in Rochester. The lake is surrounded by high, forested hills, and the trail follows it right along the water's edge. This 1.5-mile loop trail is an easy hike that will make you feel like you're deep in the Adirondacks. You can find more information here:

<https://www.monroecounty.gov/parks-durand-eastman>

Brighton Town Park Trail

Located in a fairly new park that you may not know about, this 1.8-mile loop trail is moderate in difficulty. The ydñiC nōloC park is on Westfall Road and the trail circles a large 12-acre pond and wetlands – both of which mean lots of interesting birds and wildlife to view. You can find more information here:

<https://www.cityofrochester.gov/maplewoodpark/>

If these happenings aren't enough to fill your calendar, call or write your concierges at 585-270-1617 or ESVconciierge@gmail.com.

Reminders

- The pool is scheduled to open Memorial Day through Labor Day. That being said, we will be following all NYS mandated closures and notices as they pertain to areas for community use. Check your email for updates from us as we get closer to opening.
- Attention pet owners: Please be sure to pick up your dog waste. We have pet stations equipped with baggies placed throughout the community for your convenience. Your neighbors appreciate it.
- If you plan on getting a dog, please check with the leasing office for restrictions and fees.
- If you haven't already received your 2021 VIP materials, please call or email and we will get them to you!
- In order to use the fitness center, you'll need to make an appointment through our online scheduling tool. Residents who show up without an appointment may lose access to the fitness center and have their key fob deactivated.
- As of June 1st, we will be a smoke-free community and smoking will be a violation of your lease. Any smoking should be done at least 20 feet away from all buildings and garages.





Neighbor 2 Neighbor

Apartment Garden Care

No patio or balcony? No problem. You can still grow a lush garden inside your four walls, regardless of how big or small your apartment is. “Going green” isn’t just about recycling – having plants helps make us happier and healthier! Growing an apartment garden can brighten up your space and clean the air you breathe. Lighten the mood in your apartment, freshen up your décor, and bring a little bit of spring indoors with the following tips.

If you’re new to apartment gardening, consider starting with a few low-maintenance plants. The easier your plants are to care for, the more successful your garden will be.

- **Water Plants Once a Week:** This is for plants that don’t need full sun. Some plants (like cacti) require even less frequent watering. This is an important part of garden care since overwatering can lead to moldy roots. You can also get an inexpensive moisture meter to be more precise about when it’s time to water.
- **Be Attentive to Lighting:** Light levels change with the seasons, so adjust the location of your plants accordingly. Pay attention to leaf colors over time. Burnt leaves can mean overexposure to the sun and pale green or yellow leaves can indicate lack of sun.
- **Change Pots and Soil Periodically:** Soil eventually becomes devoid of nutrients. Try adding compost to your soil to keep it nutrient-rich. To keep plants in the best condition and give them space to grow, switch out the soil and wash the pots every so often, moving larger plants into bigger pots as needed. You can also use a houseplant fertilizer to augment the soil.
- **Prevent Insects by Keeping Fertile Soil:** Sometimes indoor plants fall victim to small insects like aphids and spider mites. Instead of using chemicals, keep your plants healthy with compost and worm tea (a natural insect repellent!) to keep bugs at bay.



Welcome to the Neighborhood!

Cindy is excited to join Erie Station Village as our newest Leasing Manager and she is looking forward to getting to know all of you! She recently relocated to the Rochester area with her husband and two daughters and is enjoying everything that the area has to offer. In her spare time, Cindy enjoys visiting Lake Ontario, walking her three dogs, crafting with her daughters, and checking out the local food scene with her husband.

Is My Maintenance Request an Emergency?

If you are unsure whether your request is an emergency, or feel it is urgent, please call us at 585-334-6870. Non-emergency maintenance requests can be submitted online. Visit our website at www.eriestation.net, click on "Resident Resources," and then select "Maintenance Request" from the drop-down box.

As a reminder, the Leasing and Maintenance offices are still closed to walk-in traffic. If you wish to communicate with property staff, please email or call 585-334-6870.

PLEASE NOTE: If you or someone in your household is ill, believes they have been exposed to someone with COVID-19, or has been advised to self-quarantine, please be considerate of our staff and notify us immediately. We will continue to provide emergency and essential maintenance services, but will take additional precautions before entering your apartment.

Thirsty for a nice, refreshing...mocktail?!

Enjoy a drink with probiotic benefits – this gingery kombucha mule is a gut-healthy version of the popular Moscow Mule.

Kombucha Mule

- **Crushed ice**
- **1/2 ounce freshly squeezed lime juice**
- **4 ounces ginger-flavored kombucha (like Holy Kombucha's Green Apple Ginger flavor)**
- **For garnish: lime wedge, mint sprig, and/or slice of granny smith apple**

Instructions

1. Fill a mule mug with crushed ice.
2. Add vodka (if you prefer a cocktail instead) and lime juice. Top with kombucha and stir with a long cocktail spoon.
3. Garnish with lime wedge, mint, and/or a slice of granny smith apple.

<https://livelytable.com/kombucha-mule-cocktail-or-mocktail/>

Stay Updated by
Liking Us on
Social Media!



Phone: 585-334-6870

Fax: 585-334-6938

Email: esv@eriestation.net

www.eriestation.net