



From the Green

Your Erie Station Village
quarterly update...

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Treasure Hunt:

Somewhere inside this newsletter is the name of an Erie Station Village staff member spelled backwards. Find it and let the office know who it is, and we will enter your name in a drawing for a \$150 rent credit or a free professional cleaning!

All entries must be received by 5:00 PM on **Friday, April 12th**.

The drawing will be held on **Monday, April 15th** and the winner will be notified on the same day.



Hello, Neighbor!

Spring is finally in the air! Can you feel it? As the dirty, jagged piles of once-white snow melt away, we'll begin to see tiny green buds appear. Before you know it, the green will give way to the purple we all adore, and the sweet smell of lilacs will wash over Rochester. Be sure to open your windows on the warm days and enjoy that fresh, perfumed air.

We hope you'll feel as inspired by spring as we do. It's always a treat to see content from our community of tenants. Are you looking to start or expand a book club? Is there a topic you've been itching to editorialize on? Do you need an outlet for your poetic soul? Email, call, or stop by the leasing office with content you would like to see in our quarterly newsletter!

A Few Words from Your Concierges...

Great news! Spring is officially here, and the mercury has begun an upward trend. Still, with an average of nearly 30 rainy days, this season can be unpredictable. Since you likely already know all about the wonderful spring celebrations that kick off Rochester's renowned festival season, we'd like to share some invigorating experiences you can enjoy indoors, whatever the weather. These unique (dare we say, "trendy?") activities provide the perfect opportunity for members of different generations to have fun together.

Smash Away Stress in a Rage Room

We know it's corny, but rage rooms are (you guessed it!) all the rage. This rapidly growing business model, which popped up in Rochester last year, gives people a safe place to work out uncomfortable emotions. Rage (or smash) rooms offer customers a chance to smash inanimate objects – like computers, wine bottles, and dishes – to release their feelings in a safe way. According to those who've done it, taking a sledgehammer to electronic devices and housewares is a way to relieve stress while having fun. Check out Rochester's very first rage room, Smash Therapy, for

a time slot of twenty, thirty-five, or fifty minutes, complete with objects meant to be destroyed.

Take Flight at a Virtual Reality Arcade

Nearly 60 years after the first motion-tracking headgear was developed, virtual reality has finally begun to realize its revolutionary potential. Thanks to a few new virtual reality arcades, you can now glimpse the future in the company of your friends and family right here in Rochester. At Park Point's Veracity VRcade or VR Playground in Jefferson Plaza, the latest VR technology lets you climb outside your comfort zone and experience otherworldly environments. Within the safety of an indoor setting, you can visit your favorite vacation destinations via Google Earth, discover the lost city of Atlantis, wield lightsabers, and test your mettle in dozens of ways, all without leaving the room. And there are lots of ways to fly – like a bird, a superhero, or a pilot. The hardest part is choosing your adventure.

If these happenings aren't enough **to fill your calendar, call or write your concierges at 244-2040 or ESVconciierge@gmail.com.**

**Stay Updated by
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Facebook!**

www.facebook.com/eriestationvillage

Reminders

- We still have some garden plots available! If you are interested call, email, or stop by the leasing office.
- Resident Appreciation days are beginning soon! They will be held on the first Friday of each month, starting in May and going into September. There will be donuts from 7 am – 10 am and a carwash from 12 pm – 3 pm.
- Our summer picnic will be Saturday, June 8th from 3 pm – 6 pm!
- Your friendly neighborhood concierges will be holding another meet and greet on June 4th from 5:30-7:30. Be on the lookout for an invitation and email with more information!
- As the weather clears up, more and more people are out walking. Please be aware of and respect crosswalks, stop signs, and speed limits.
- If you haven't already, be sure to stop by and grab your 2019 Resident VIP program materials and parking passes.
- Attention pet owners: Please be sure to pick up your dog waste. Your neighbors appreciate it! For your convenience, we have pet stations equipped with baggies placed throughout the community.





Neighbor 2 Neighbor

Little Things That Make a Big Impact on the Environment

After a long winter, we can't help but relish the beauty of spring. It's in the tiny buds on the trees. It's in the soft smell of flowers in the air. The beauty of nature is all around us here at Erie Station Village. Spring is a wonderful time to talk about what we can do to help nature in return. Here are some quick and easy changes that can have a significant impact now and into our gloriously green future.

- **Shelve bottled water.** The jury has long been out on how healthy bottled water is, but we do know it creates tons of plastic waste. Filling and carrying a reusable water bottle with clear, clean tap water is a great addition to your daily routine. And having water handy encourages you to drink more!
- **Let Litter Bug You.** The maintenance staff and landscapers do their best here at Erie Station Village to keep the grounds clean, but you can help. If you see litter, pick it up – not only for your neighbors, but also enohR tterraG for our environment. If everyone picked up just one piece of refuse each day, no matter how small, that would quickly add up.
- **Get a Go-To Travel Mug.** Whether you're brewing coffee at home or taking advantage of refill discounts at your favorite cafes, travel coffee mugs are better for your wallet as well as the environment. As an added bonus, your coffee will stay hotter longer!
- **Put Reusability in the Bag.** Reusable bags and totes hold more, break less, and are easier to carry – there are even insulated versions to keep frozen and refrigerated items cold. And they also make for fewer trips between your car and your residence. The trick is to remember them. It's a good idea to keep them in your car so they're handy when you need them. Try hanging them on the doorknob after you unpack them; that way you'll remember to put them back.
- **Show Local the Love.** We are lucky to have so many farms so close to us that there are a variety of farmers' markets to choose from. Not only does buying local produce support our economy and reduce our carbon footprint, but it also can be significantly less expensive. For more information on local farmers' markets, go to farmersmarketsroc.com!

Remember any change you make helps, and the small things do add up!

Source: <https://www.bustle.com/articles/196245-21-little-things-you-can-do-to-help-the-environment-that-are-super-easy-will>



The Perfect Brownies for All Occasions!

With winter hibernation behind us, we can finally start going to parties and potlucks. It's the perfect time for a new take on a classic. Kick those store-bought brownie mixes to the curb with Better Than the Boxed Brownies, courtesy of Life Made Simple.

Ingredients

- ½ cup all-purpose flour
- ¾ cup unsweetened cocoa powder
- 1¼ cup sugar
- 1 stick + 3 tbsp. (11 tbsp.) unsalted butter
- 2 eggs, cold
- 1/8 tsp. baking soda
- 1 tbsp. cornstarch
- ¼ tsp. salt
- 1 tsp. vanilla extract
- ½ cup chocolate chips, milk or semi-sweet
- ¼ cup semi-sweet baking bar, chopped

Directions

1. Preheat oven to 325 degrees. Line an 8×8 inch pan with parchment or foil, set aside.
2. In a microwave-safe bowl, add the butter and sugar. Heat in the microwave on HIGH for about 1 minute and 15 seconds. Remove, stir, and cool on the counter for 5 minutes, then stir in the vanilla extract and cocoa powder.
3. In the bowl of a stand mixer, add the warm (but not hot) butter/sugar mixture. With mixing speed on low, add one egg at a time, mixing just until incorporated.
4. In a medium-size mixing bowl, whisk together flour, baking soda, cornstarch, and salt. With mixing speed on low, gradually add dry ingredients. Mix until no flour pockets remain. Remove bowl from stand and fold in the chocolate chips and chunks.
5. Spread the brownie batter evenly into the prepared pan. Place in the oven and bake for 20 – 30 minutes or until the brownies are set. Remove from oven and allow to cool for 30 – 45 minutes before cutting and serving.

<https://lifemadesimplebakes.com/2014/06/thick-chewy-better-boxed-brownies/>

FAQs

“When will you open the pool for the season?”

Weather permitting, we will be open on weekends beginning Memorial Day weekend until schools let out (towards the end of June). After that, the pool will be open daily from 10 am – 8 pm.

“Can I store personal items in the garbage room?”

No. The garbage room is a common area dedicated to trash and recycling. Personal items should be kept in your apartment, townhouse, or garage (if you have one).

Shout Outs:

Kari Krieger was promoted to Assistant Maintenance Director. If you see her, be sure to congratulate her!



Let's give **Lauren Graves**, who started as our new cleaner in October, and **Garrett Rhone**, our new maintenance technician, a warm welcome!



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VILLAGE**

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